ALCOHOL & DRUG PREVENTION & EDUCATION PROGRAM

2022 Biennial Review

Posted in compliance with Part 86, the Drug and Alcohol Abuse Prevention Regulations, Education Department General Administrative Regulations (EDGAR).

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Introduction

The Drug Free Schools and Communities Act (DFSCA) and Part 86 of the Department of Education’s General Administrative Regulations (Edgar Part 86) requires institutions of higher education to adopt and implement drug and alcohol abuse prevention programs (DAAPP) for students and employees. Oregon State University (OSU) has developed and implemented drug and alcohol abuse education and prevention programming designed to prevent the unlawful possession, use, and distribution of drugs and alcohol on campus and at campus events. OSU is required to distribute written information about its DAAPP, as well as conduct a biennial review to measure its effectiveness and ensure a consistent enforcement of its disciplinary sanctions.

As a part of its activities, OSU distributes and has available written materials that include the following:

- Standards of conduct that prohibit the unlawful possession, use or distribution of illicit drugs and alcohol on University property or part of our OSU activities
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol
- Federal, state and local laws with applicable legal sanctions
- Information regarding counseling and treatment programs
- A list of prevention and education programming offered
- Specific information regarding disciplinary sanctions OSU will impose on students and employees who violate standards of conduct

The process of conducting a biennial review provides OSU with an opportunity to examine the reach and impact of our alcohol and drug prevention efforts. Through this review, we will acknowledge our achievements and most importantly, we will identify areas that need improvement. The spirit of improvement is our primary goal, as we are aware of the serious negative impacts alcohol and other drug abuse has on our campus community.

Specifically, OSU undertakes a biennial review to internally evaluate its alcohol and drug abuse prevention programming in the following areas:

- Determine program effectiveness and implement programmatic changes as needed;
- Determine the number of drug- and alcohol-related violations that occur on the institution’s campus or as part of any of the institution’s activities;
- Determine the number and type of sanctions that are imposed by the institution as a result of drug- and alcohol-related violations on the institution’s campus or as a part of any of the institution’s activities; and
- Ensure that the sanctions are consistently enforced.

Oregon State University is a public land-grant, research university in Corvallis, Oregon. OSU offers more than 200 undergraduate-degree programs along with a variety of graduate and doctoral degrees. Oregon State University is an international public research university that draws people from all 50 states and more than 100 countries. OSU serves a total of 35,239 students (28,905 undergraduate students, 5,387 graduate students with 10,030 students of color and over 107 countries represented).

Biennial Notification of Alcohol and Drug Prevention & Education Program - page 2
The biennial review covers two full academic years for the period of June 15, 2020 through June 10, 2022. The review incorporates information collected from Residential Life, Student Conduct and Community Standards, Student Health Services, Intercollegiate Athletics, Center for Fraternity and Sorority Life, Collegiate Recovery Community Program, Human Resources, and Clery.

**Annual Policy Notification Process**

The Drug-Free Schools and Communities Act Amendments of 1989 includes: standards of conduct, legal sanctions, health risks, and treatment resources. A copy can be found on the OSU Student Health Services webpage [here](#). OSU issues the Annual Notification to all employees and students through the university’s email system.

**Prevalence Rate, Incidence Rate, and Trend Data**

The scope of AOD-related incidents and their impacts are varied and we seek to utilize multiple levels of information to examine our strengths as well as our challenges in order to reduce overall AOD-related risks and harm.

**AOD-related Assessment Data:**

**A. Assessment Data.**

The primary source of OSU student population assessment data available for this period is from the National College Health Assessment ([NCHA](#)). OSU has utilized the NCHA survey as our main assessment tool (administered every two years, beginning in 2000). NCHA data allows us to observe trends over time on the OSU campus as well as compare to national standards.

<table>
<thead>
<tr>
<th>NCHA Data</th>
<th>OSU 2020</th>
<th>OSU 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total percentage of students who reported never using alcohol</td>
<td>8.7%</td>
<td>17.2%</td>
</tr>
<tr>
<td>Total percentage of students who reported using alcohol within the last 30 days</td>
<td>79.2%</td>
<td>63.1%</td>
</tr>
<tr>
<td>Total percentage of students who reported consuming five or more drinks in a sitting (one or more times) within the last two weeks</td>
<td>17%</td>
<td>23.8%</td>
</tr>
<tr>
<td>Total percentage of students who reported never using cannabis/marijuana</td>
<td>38.5%</td>
<td>44.1%</td>
</tr>
<tr>
<td>Total percentage of students who reported using cannabis/marijuana in the last 30 days</td>
<td>24.6%</td>
<td>27.4%</td>
</tr>
</tbody>
</table>
As shown, the percentage of students surveyed who have never used alcohol increased between 2020 and 2022. Based on speculation, we may consider this is due, in part, to the Covid-19 pandemic impacting factors such as an increased number of students who remained at home/with family or guardians during this time or shifts in the numbers of social gatherings/drinking opportunities during the pandemic. The percentage of students who have never consumed cannabis also increased and the percentage of students who reported drinking alcohol within the last 30 days decreased. However, the percentage of students who reported consuming five or more drinks in a sitting has increased since the 2020 survey. Again, we might speculate that the Covid-19 pandemic has impacted (recently increased) gatherings and the exposure to alcohol. Additionally, much has been written and explored regarding the impact on coping and coping strategies during the pandemic time. Substance use, particularly high-risk substance use, may be increased due to the stress and need for coping mechanisms during the pandemic. The percentage of students who reported using cannabis in the past 30 days has remained relatively stable.

It should be noted that the state of Oregon faces significant challenges related to drug and alcohol use among its population (both adults and youth). Information regarding substance use disorders in Oregon from the Oregon Recovers website (www.oregonrecovers.org) included the following data:

- Oregon ranks 50th in the nation in providing access to addiction treatment
- Oregon has the 2nd highest untreated addiction rate in the country
- On average, 6 Oregonians die each day due to alcohol and 1-2 each day to drug overdose
- Nearly 1 in 10 of all Oregonians ages 12 and older – and 1 in 5 young Oregonian adults ages 18-25 – are estimated to have a substance use disorder

Sources:
1. Oregon Recovers. www.oregonrecovers.org

AOD-related Employee Data:
Campus level data on drug and alcohol consumption and substance use disorders among employees is not available. However, it is important to acknowledge, as states above, that Oregon has significant challenges with substance use disorder among its adolescent and adult population (12 and older). A Mental Health and Addiction Certification Board of Oregon (MHACBO) highlight summarizing the 2021 National Survey on Drug Use and Health (NSDUH) data report painted a stark picture of the AOD-related challenges facing our state:

1. Oregon ranked 1st in the nation for illicit drug use disorder (percent of population of teens and adults with past year illicit drug use disorder)
2. Oregon ranked 5th in the nation for alcohol use disorder
3. Oregon ranked 50th in the nation for needing but not receiving treatment for substance use disorders
4. Oregon ranked 1st in the nation for methamphetamine use in the past year
5. Oregon ranked 1st in the nation for Rx opioid misuse in the past year
AOD-related Critical Incidents Data:

Violations and Sanctions
AOD-related incidents (violations and sanctions) occurring in and around the OSU campus are shown below. [Data is provided by the Office of Student Life Student Conduct and Community Standards (SCCS), and the Residential Life Office of University Housing and Dining (UDHS)].

<table>
<thead>
<tr>
<th>AOD incidents distributed by sanctioning office and type of event</th>
<th>AY 2020-2021</th>
<th>AY 2021-2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. On-campus alcohol-related incidents reported to the Office of Student Life/SCCS</td>
<td>192</td>
<td>428</td>
</tr>
<tr>
<td>2. On-Campus drug-related incidents reported to the Office of Student Life/SCCS</td>
<td>58</td>
<td>146</td>
</tr>
<tr>
<td>3. Alcohol-related student conduct violations managed by the Office of Student Life/SCCS and University Housing</td>
<td>153</td>
<td>325</td>
</tr>
<tr>
<td>4. Drug-related student conduct violations managed by the Office of Student Life/SCCS and University Housing</td>
<td>34</td>
<td>81</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AOD incidents by type (alcohol or drugs/cannabis/marijuana), academic year, and term</th>
<th>Summer</th>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>AY 2020-2021 Alcohol-related incidents</td>
<td>10</td>
<td>104</td>
<td>50</td>
<td>30</td>
</tr>
<tr>
<td>AY 2020-2021 Drug-related incidents</td>
<td>6</td>
<td>22</td>
<td>22</td>
<td>9</td>
</tr>
<tr>
<td>AY 2021-2022 Alcohol-related incidents</td>
<td>1</td>
<td>262</td>
<td>114</td>
<td>55</td>
</tr>
<tr>
<td>AY 2021-2022 Drug-related incidents</td>
<td>1</td>
<td>46</td>
<td>63</td>
<td>36</td>
</tr>
</tbody>
</table>

Note: Only unique cases are reported in this data (i.e. if the student violated multiple alcohol sub-policies at the same time, they are only counted once. Although, if the individual violated alcohol and drug policies at one time, they are included in all data sets above.
These incidents resulted in the following sanctions from Oregon State University

<table>
<thead>
<tr>
<th>Sanctioning AY 2020-2021</th>
<th>Impact</th>
<th>Impact</th>
<th>CADC</th>
<th>Socializing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>57</td>
<td>16</td>
<td>6</td>
<td>22</td>
</tr>
<tr>
<td>Cannabis</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CADC</td>
<td></td>
<td></td>
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<tr>
<td>Socializing Workshop</td>
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</table>

<table>
<thead>
<tr>
<th>Sanctioning AY 2021-2022</th>
<th>Impact</th>
<th>Impact</th>
<th>CADC</th>
<th>Socializing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>65</td>
<td>27</td>
<td>NR</td>
<td>34</td>
</tr>
<tr>
<td>Cannabis</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CADC</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Socializing Workshop</td>
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</tbody>
</table>

Alcohol and Other Drug Policies
See Appendix A for a full list of alcohol and other drug policies

Programs & Interventions
The following includes programming and interventions to support alcohol and drug prevention for students on campus.

A. Individual Level Programs and Interventions

1. IMPACT

<table>
<thead>
<tr>
<th>Program: IMPACT</th>
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</thead>
<tbody>
<tr>
<td>Description: IMPACT is an evidenced-based program designed to engage students in meaningful discussion about alcohol and cannabis/marijuana use. IMPACT was developed utilizing components of the Brief Alcohol Screening and Intervention for College Students (BASICS) and Alcohol Skills Training Program (ASTP). Students often conform to patterns of alcohol use they see as acceptable, while holding false beliefs about alcohol’s effects or actual alcohol-use norms. Impact is designed to support students in making better decisions about using alcohol and/or cannabis. Impact educational programming is provided by Student Health Services with coordination support from Student Conduct and Community Standards and University Housing and Dining Services. IMPACT services are available to all OSU students regardless of campus location.</td>
</tr>
<tr>
<td>Location</td>
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<td>Timing</td>
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<tr>
<td>Target</td>
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<tr>
<td>Classification</td>
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<tr>
<td>----------------</td>
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<tr>
<td>College AIM</td>
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<td>Category</td>
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<td>Data</td>
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</table>

Referrals to the Impact program come from multiple sources, including both on- and off-campus agencies. On-campus students are typically referred from University Housing and Dining Services or the Office of Student Conduct and Community Standards. Off-campus students are referred from Corvallis Municipal Court, Benton County Circuit Court, and occasionally other municipal courts from around the state. Students are most often referred to the program due to an alcohol or cannabis-related violation. The courts recognize IMPACT as a diversion program for eligible Oregon State students. Upon completion of the IMPACT program, students have a foundational understanding of

A. Alcohol/Cannabis and the effects of each on the body,
B. Myths and realities associated with substance induced effects, and
C. Skills to limit the negative ramifications of underage and excessive alcohol use or other substance use.

Overall, the IMPACT program is guided by the mission of Oregon State University and is committed to stimulating a lasting attitude of inquiry, openness, and social responsibility. IMPACT is periodically revised to reflect student needs and available resources.

2. Substance Use Counseling

Substance use counseling is available on the Corvallis campus through Student Health Services (SHS) to students who have paid the health fee. Counseling sessions are confidential and aimed to provide support to students with individual challenges related to substance use and recovery. Services are designated to help students meet their goals related to substance use education, harm reduction, and recovery.

3. Referral Programs to Off-Campus Treatment Providers for Students

Student Health Services and Counseling and Psychological Services utilize trained individuals who are available to assist students requiring treatment referral.

4. Individual Assessment for Employees

The Beyond Benefits program for employees has counselors who meet one-on-one with employees to provide counseling for many areas including alcohol or drug use. Employees initiate contact on their own or Beyond Benefits may be suggested as a result of a sanction or disciplinary action. Employees can identify drug and alcohol abuse as a presenting concern, or the counselor may determine through the assessment process that a substance abuse issue exists. The counselor can make recommendations for referral to a treatment provider or other community resource for more long-term support.
5. Referral Programs to Off-Campus Treatment Providers for Employees

As stated above, Beyond Benefits counselors may make referrals to treatment centers or other more long-term support options based on employee needs.

B. Institutional-level Programs and Interventions

1. Online programs

Since fall 2014, the university requires all incoming first-year students to complete online alcohol prevention education. During most of the academic year 2020-2021 – this module was facilitated by EVERFI as AlcoholEdu. AlcoholEdu is a two-part course that focuses on the impact alcohol has on students’ mind and body, while empowering students to make well-informed decisions about alcohol through a harm-reduction approach. Beginning in Spring 2021 – OSU transitioned to using Get Inclusive as a platform, which hosts the modules of Voices for Change – Alcohol and Consent. This program, like AlcoholEdu, provides education on the impact of alcohol and how to navigate consent through an informed perspective. We believe the implementation of online alcohol prevention education on OSU’s campus continues to help us:

- Decrease high-risk drinking during critical times, especially the first 8 weeks of the fall term.
- Increase basic knowledge of alcohol.
- Decrease alcohol-related disruptions in residence halls.
- Change culture and expectations around alcohol use.

| Program: Required Online Training – Voices of Change: Alcohol and Consent (formerly AlcoholEdu) |
| Description: All first-year degree-seeking students (whether based in Corvallis, Bend, Newport, or La Grande) are required to complete the online program, Voices of Change – Alcohol and Consent. This program helps foster an environment that prevents high-risk alcohol use and subsequent negative academic and personal outcomes. Voices of Change – Alcohol and Consent is one of many methods that attempts to correct college myths and norms, as well as provide students with relevant policies and resources prior to matriculation. |
| **Location** | Student Health Services, Dept. of Health Equity & Wellness |
| **Timing** | Ongoing |
| **Target** | All first-year degree-seeking students |
| **Classification** | Selected Prevention |
| **College AIM** | Individual |
| **Category** | Education |
| **Data** | 2020-2021: 3,421/3,792 = 90.2% completion rate |
| | 2021-2022: 2,958/3,597 = 82% completion rate |
2. Educational Workshops

Educational workshops are the cornerstone of early intervention practices at Oregon State University. Multiple departments and offices engage in workshop activities that are instrumental in reducing the burden of excessive and underage alcohol and substance use. Dam Safe (formerly “Up2u”) consists of education-based prevention efforts focusing on the reduction of high-risk alcohol use and prevention and reduction of cannabis use. Dam Safe is a voluntary program, and presentations are available upon request by students, faculty, staff, coaches, residence halls and student organizations. Students can also meet with Dam Safe staff to ask questions or receive more information.

<table>
<thead>
<tr>
<th>Program: DAM SAFE</th>
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<tbody>
<tr>
<td><strong>Description:</strong> DAM SAFE is a program designed for OSU students to engage in focused and meaningful discussion about alcohol and/or cannabis. Through a combination of cognitive behavior skills training, motivational enhancement and norms clarification, the workshops encourage students to reflect on their own substance-use behaviors, while re-establishing positive social norms. Additionally, we are dedicated to providing students with the education and skills to engage in positive behaviors.</td>
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<td><strong>Location</strong></td>
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<td><strong>Classification</strong></td>
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<td><strong>College AIM</strong></td>
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3. AOD Prevention Training for Campus and Community Leadership

AOD prevention training is provided throughout the year to campus and community leadership (including residence hall staff, CFSL student leadership, and community members such as bar/restaurant staff and cannabis dispensary staff). These trainings provide critical education regarding the effects of alcohol and cannabis consumption, signs and symptoms of overdose, bystander intervention, and harm reduction strategies and information.

<table>
<thead>
<tr>
<th>Program: AOD Training for Campus and Community Leadership</th>
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</thead>
<tbody>
<tr>
<td><strong>Description:</strong> Trainings provided to leadership among OSU students, staff, faculty and community partners to engage in focused and meaningful discussion about alcohol, cannabis, and prescription pill use and misuse. The AOD prevention educational workshops are held annually.</td>
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<td><strong>Location</strong></td>
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<td><strong>Timing</strong></td>
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4. Joan and Tom Skoro Collegiate Recovery Community

The Joan and Tom Skoro Collegiate Recovery Community (CRC) seeks to engage and support Corvallis campus students in or seeking recovery from substance use and those who are practicing harm reduction from substance use or contemplating recovery from substance use. The community is rooted in the belief that no student should feel alone and that every student should receive the support they need. The CRC is open to anyone who is looking for support with substance use harm reduction and recovery. Additionally, Dixon Lodge is a dedicated recovery living facility with scholarships available to Corvallis campus students.

<table>
<thead>
<tr>
<th>Program: Collegiate Recovery Community (CRC) Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> The CRC offers community through substance-free recreational events and activities, skill-building and educational programs. Multiple weekly meetings focusing on recovery and harm reduction are available to the OSU community. The CRC encourages students to meet peers in recovery who can be a source of understanding and support.</td>
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<td><strong>Location</strong></td>
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<td><strong>Classification</strong></td>
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<td><strong>College AIM</strong></td>
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The CRC opened its doors in fall of 2013 to offer support for students in recovery from drug or alcohol use. Before its creation, there was a need for recovery support on the OSU campus. In addition to the CRC, OSU opened the Recovery Living Community (RLC) in the fall of 2016. The RLC is located in Dixon Lodge and is Oregon State University’s first building dedicated to collegiate recovery support. Dixon Lodge is now home to both the CRC and RLC. Students participating in either the CRC or RLC are offered various events and programs including weekly check-in meetings, recovery birthday parties, team-building opportunities, movie nights and sober tailgating, to name a few. Dixon Lodge also offers meeting space for a variety of recovery meetings, which are open to the community when at least one CRC member or OSU community member is present.

Part of the mission of the CRC is to provide culturally specific and population specific support groups. Because of this the CRC offers groups based in 12-steps, mindfulness and yoga, and culturally specific recovery support meetings to the Indigenous population and college student populations. In 2020-2022,
the CRC offered an average of seven support group meetings per week, many in an online or hybrid format due to the pandemic, for ~700+ peer recovery support groups in this two-year period. Attendance typically averages 5-15 people per group meeting. In-person and hybrid recovery support meetings remain available to the OSU community.

5. Social Norms Campaign
The Social Norms Campaign was designed to inform students about the truly reported AOD consumption and behaviors among their peers. Providing access to accurate information has been shown to be supportive in shifting student perceptions and therefore leading to healthier behaviors.

<table>
<thead>
<tr>
<th>Program: Social Norms Campaign</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> The Social Norms Clarification Campaign is a collaborative effort with OSU’s Intercollegiate Athletics Department. The aim of the campaign is to dismantle college student’s beliefs to align with the reality of the majority of their peer’s consumption behaviors. The campaign utilizes OSU specific data and student athletes in order to create relevant and compelling messages.</td>
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<td><strong>Location</strong></td>
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<td><strong>Timing</strong></td>
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<td><strong>Target</strong></td>
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<tr>
<td><strong>Classification</strong></td>
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<tr>
<td><strong>College AIM</strong></td>
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<td><strong>Category</strong></td>
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<td><strong>Data</strong></td>
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</table>

6. Higher Awareness Campaign and Survey Administration
The Higher Awareness Campaign provided an opportunity to connect with students across campus and provide accurate information highlighting the health impacts of cannabis consumption, local laws related to cannabis and access to additional information and resources.

<table>
<thead>
<tr>
<th>Program: Higher Awareness Campaign</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> The Higher Awareness Campaign is a collaboration between the local health department, local law enforcement and the AOD Prevention Unit at OSU. This print media campaign was designed to equip students with general knowledge regarding health effects related to cannabis, local laws, and resources if more assistance is desired.</td>
</tr>
<tr>
<td><strong>Location</strong></td>
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<td><strong>Timing</strong></td>
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<td><strong>Target</strong></td>
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<tr>
<td><strong>Classification</strong></td>
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</tbody>
</table>
The higher awareness survey provided information regarding students’ cannabis use and general knowledge of local laws. Additionally, students were asked who they identified as trustworthy sources for cannabis information and the survey found that 62% of students identified a health agency (Student Health Services, CDC, Oregon Health Authority, or local Health Department) as their most trusted source. Second on the list at 16% was a primary care provider and third with 11% was dispensary staff/bud tender.

**7. One Pill Can Kill Education and Survey Administration**

The AOD prevention team developed an educational workshop on prescription pill misuse and opioid consumption to provide to students across campus as part of the Dam Safe programming. In addition, survey administration was provided to a group of Center for Fraternity and Sorority Life (CFSL) students during the Spring drug take back day to determine CFSL students’ knowledge of fentanyl as well as the impacts of opioid drug overdose.

<table>
<thead>
<tr>
<th>Program: One Pill Can Kill Survey Administration</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> In an effort to lead the path toward health equity and provide harm reduction strategies with college students that are members of fraternity and sorority life, a brief assessment was implemented to determine the interest in enhanced opioid and overdose recovery education on campus.</td>
</tr>
</tbody>
</table>
Survey data collection noted that 32% of students surveyed have experienced loved ones impacted by overdose and only 16% stated that they felt “knowledgeable” regarding fentanyl. The majority of the students surveyed reported that they would be interested in having naloxone training and accessible within locations on campus because they have loved ones that experienced opioid-related overdoses.

**Community and Environmental-level Programs and Interventions**

**OSU Program Council & Late Night Programs (substance-free social options)**

Throughout the academic year, OSU provides students with substance-free social options. The OSU Program Council through Student Experiences & Engagement, provides an array of diverse high-quality events to engage students and enhance student life. These programs often happen in collaboration with departments such as Alcohol & Other Drug Prevention, Joan and Tom Skoro Collegiate Recovery Community, University Housing and Dining Residential Life, and the Center for Fraternity and Sorority Life. Programs include a variety of engaging events such as AMC Movie Nights, Dam Jam, After Dark Halloween, Welcome Week events, Talent Shows, Drag Bingo, and much more.

**Medical Amnesty Law**

In order to remove barriers and reduce the number of alcohol poisoning-related deaths, Oregon State University put forth great effort to help pass the Medical Amnesty Law. Since January 1, 2015, this law protects minors in the state of Oregon from being charged with underage possession when calling 911 for someone they think has alcohol poisoning. This law also applies to any minor in need of medical attention. In addition, if a minor makes the call to help a friend, they are also protected under this law.

**Partnership Advisory Group – Alcohol and Drug Prevention**

The Partnership Advisory Group – Alcohol and Drug Prevention is led by Benton County and was created to ensure strategic and coordinated campus and community-wide efforts related to alcohol and drug prevention and the broad use of evidence-informed best practices. The Advisory Group employs a multi-unit stakeholder approach to reach across the campus and within the community. The group’s charge is to:

<table>
<thead>
<tr>
<th>Location</th>
<th>Student Health Services, Dept. of Health Equity &amp; Wellness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Timing</td>
<td>DEA Spring Drug Take Back Day</td>
</tr>
<tr>
<td>Target</td>
<td>Center for Fraternity &amp; Sorority Life</td>
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<tr>
<td>Classification</td>
<td>Selected Prevention</td>
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<tr>
<td>College AIM</td>
<td>Environmental</td>
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<tr>
<td>Category</td>
<td>Assessment</td>
</tr>
<tr>
<td>Data</td>
<td>2021-2022, 197</td>
</tr>
</tbody>
</table>
Develop specific goals, with implementation timelines and measures of success, to realize a vision of an OSU culture characterized by:

- Safe and healthy attitudes, decision-making, and behaviors related to alcohol and other drugs

Oregon Prevention Coalition

Oregon State University is a founding member of the Oregon Prevention Coalition. With support from the Oregon Health Authority and leadership from the University of Oregon, the Oregon Prevention Coalition was formed in the summer of 2020. The coalition has created space to build relationships, receive training, and garner statewide collaboration regarding alcohol and other drug prevention, intervention, and recovery.

The mission of the Oregon Prevention Coalition is to support healthy campus communities through evidence-based prevention and intervention, education, destigmatizing recovery, increased access to services, and collaboration across the state. The Oregon Prevention Coalition envisions and Oregon in which all college students have access to the necessary resources to develop a healthy relationship with substance use and their mental health.

Biennial Goals and Achievements

Note: Following is an assessment of the 2020 Biennial recommendations. The Covid-19 pandemic began in March 2020 and the majority of OSU was functioning remotely through Summer 2021, with periods of increased restrictions throughout 2021 and into 2022. The vision and impact to AOD-related risk during this time period was extremely unclear.

Central Goal

Increase efforts to address high-risk consumption in all student populations and address consumption issues related to coping mechanisms that occurred as a result of the ongoing COVID-19 pandemic.

A. Individual Strategies

1. IMPACT program shifted to a 1:1 facilitation and education model, in order to support remote and hybrid access. Sessions were conducted online in zoom environment.

B. Institutional Strategies

1. Programming at the Collegiate Recovery Community was shifted to primarily online/hybrid offerings (with virtual recovery support meetings provided). Continued emphasis on support and promotion of the CRC.
2. Increased education was developed and offered regarding prescription pill misuse and offerings for prescription drug take-back events within the Corvallis community.
C. Community/Environmental Strategies

1. Oregon Prevention Coalition was founded and continues to grow. This collaborative group offers cross institution coordinator of prevention education/training, recovery education/training, increased access to services, and idea generation and sharing.

2. Maintained collaboration with Benton County and Corvallis Police Department on awareness and educational opportunities for students.

3. Conducted awareness and education campaigns addressing the risks and impacts of prescription medication abuse

Other Accomplishments during 2020-2022:

D. Spring 2020 – SHS successfully moved to remote telehealth offering for Substance Use Counseling services as well as Alcohol and Other Drug IMPACT 1:1 education. These remote services offered a supportive transition to remote services during the pandemic. Since then, students now have access to both remote and in-person substance use counseling and AOD IMPACT education.

E. Spring 2020 – AOD Dam Safe prevention education workshops and programming shifted to remote offerings. Partnering with CFSL, Athletics, Res Life and other groups on campus – workshops were able to continue via zoom. Since then, students continue to have access to both remote and in-person options for Dam Safe educational workshops and programming.

Key Challenges during 2020-2022:

1. The shift to remote offerings in the pandemic, although a supportive pivot overall, meant that some students had moved out of state or even out of the country and were unable to access some health services such as substance use counseling, mental health counseling, etc. Student Health Services and Counseling and Psychological Services staff did their best to offering support to those students outside of service areas.

2. Staff turnover during the pandemic has meant challenges in maintaining programmatic offerings as well as challenges in monitoring and analyzing data related to our AOD programming, survey data collection, and AOD-related incidents.

3. Decreased participation rates for survey collection such as NCHA assessment has meant reduced responses and increased limitations of the survey data.

Goals for the Next Biennium (2022-2024)

A. Central Goal

Increase efforts to address high-risk AOD consumption in all student populations and address AOD consumption issues related to coping mechanisms that occurred as a result of the ongoing COVID-19 pandemic.
B. Individual Strategies (Goals for 2024 Biennium)

a. Continued to expand the consistent use of IMPACT for all student alcohol and cannabis violations and citations.
b. Expand access to clinical services related to substance use disorders.
c. Identify the possibility for collection/documentation methods regarding employee AOD violations and sanctions.

C. Institutional Strategies (Goals for 2024 Biennium)

a. Continue to promote and support the growth of the Collegiate Recovery Community.
b. Coordinate with Benton County Health Department and OSU departments including UHDS Res Life, CFSL, Dean of Students, etc. to provide Naloxone training/education and have naloxone accessible on campus for overdoes crisis management.
c. Build an Annual and Biennial workgroup to expand collaboration on AOD prevention efforts and ongoing reviews.
d. Launch a comprehensive post-COVID AOD social marketing campaign.
e. Conduct an institutional review of all campus units serving alcohol on a periodic basis.

D. Community/Environmental Strategies (Goals for 2024 Biennium)

a. Maintain collaboration with Benton County and Corvallis Police Department on awareness and educational opportunities for students.
b. Conduct awareness and/or education campaigns regarding new substance use laws in Oregon
c. Conduct awareness and education campaigns to address the risks and impacts of prescription medication abuse
d. Continue cross institution coordination of prevention efforts through participation in the Oregon Prevention Coalition on Substance Use and Abuse and within the national network of coalitions through The Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery

Conclusion

Oregon State University is committed to the process of continuous improvement. We look forward to the opportunity to focus on our goals and recommendations for the next biennium. These goals will form the basis for continued efforts across all OSU campuses, Corvallis, Hatfield Marine Science Center, Cascades, Portland and La Grande, and additional strategic planning.
Appendix

A. Alcohol and Drug Policies

University Policies

There are several policies governing alcohol and drug use on all OSU campuses. These policies target specific populations (students or staff) and specific services and are detailed below.

Student Conduct and Community Standards Policies for Students and Student Organizations

A. Alcohol. The following behavior is prohibited:
   a. use, possession, or procurement of alcohol by persons under the legal drinking age; students are also considered to be in possession if the substance is in their bodies or the use is otherwise detectable;
   b. furnishing, manufacturing, distributing, or selling alcohol except as expressly permitted by law and the University's policies regarding alcohol;
   c. driving under the influence of alcohol in excess of the applicable legal limit;
   d. public intoxication, possession, or use while on University property or at events except as expressly permitted by University policies regarding alcohol;
   e. disruptive behavior or other Code violations due to alcohol intoxication regardless of location;
   f. failure of a Student Organization to take all necessary steps to ensure that no person under the legal drinking age possesses alcoholic beverages at functions it sponsors or organizes, or within any property or transportation it owns, operates, and/or rents;
   g. using alcohol to facilitate incapacitation or forcing ingestion of alcohol without consent; or
   h. use, or possession, of alcohol in a way that is prohibited by applicable law.

B. Marijuana. The following behavior is prohibited:
   a. use, possession, or procurement of marijuana or its derivatives or paraphernalia related to use by persons under the legal age; students are also considered to be in possession if the substance is in their bodies or the use is otherwise detectable;
   b. public intoxication, possession, or use of marijuana or its derivatives or paraphernalia related to use while on University property or at University events;
   c. furnishing, manufacturing, distributing, or selling marijuana or its derivatives except as expressly permitted by law;
   d. driving under the influence of marijuana or its derivatives;
   e. disruptive behavior or other Code violations due to marijuana cannabis intoxication regardless of location;
f. failure of a Student Organization to take all necessary steps to ensure that no person under the legal age possesses or consumes marijuana or its derivatives at functions it sponsors or organizes, or within any property or transportation it owns, operates, and/or rents;

g. facilitating incapacitation or ingestion without consent through the use of marijuana or its derivatives; or

h. use, or possession, of marijuana in a way that is prohibited by applicable law.

C. Drugs. The following behavior is prohibited, where “drugs” includes but is not limited to federally controlled substances, synthetic drugs or inhalants, natural substances used for drug effects, and medication used/possessed/handled in non-prescribed manners:

a. use, possession, or procurement of drugs or paraphernalia related to use; students are also considered to be in possession if the substance is in their bodies or the use is otherwise detectable;

b. furnishing, manufacture, distribution, or sale of drugs except as expressly permitted by law;

c. public intoxication due to drug use;

d. driving under the influence of drugs;

e. disruptive behavior or other Code violations due to drug intoxication regardless of location;

f. failure of a Student Organization to take all necessary steps to ensure that no person possesses or consumes drugs at functions it sponsors or organizes, or within any property or transportation it owns, operates, and/or rents; or

g. facilitating incapacitation or ingestion without consent through the use of drugs.

Source: The OSU Code of Student Conduct

University Housing and Dining Alcohol & Drug Policies for Residents

Residential Education Policies and Agreements for Residence Halls and Other UHDS Spaces

Alcohol

1. Residents and their guests must abide by the code of student conduct expectations regarding alcohol use. Residents and their guests who are under the age of 21 may not possess or consume alcohol.
2. No resident, or their guests, regardless of age, may possess or consume hard alcohol in the residence halls. Hard alcohol is defined as alcohol that is equal to or greater than 15 percent alcohol by volume or 30 proof.

3. Residents and their guests may not consume alcohol in the presence of those under the age of 21. It is a violation of policy for anyone under the age of 21 to be present in a residential space where they know that alcohol or alcohol containers are present (empty or full), or in a common area where violations of this policy are occurring.

4. Residents of any age who reside in substance-free living environments are not permitted to possess alcohol in their rooms.

5. Residents who are 21 years of age or older may possess alcohol, with the exception of hard alcohol (defined as equal to or greater than 15 percent alcohol by volume or 30 proof) which is never permitted, if they follow the requirements listed below:
   a. Residents who are at least 21 years of age may not consume alcohol in the room in the presence of individuals, including roommates, who are under the age of 21.
   b. Residents of legal age must discreetly transport alcohol to their rooms.
   c. Residents of legal age may only store their alcohol out of view in their assigned area of the room.

6. It is a violation of housing policy to provide alcohol to anyone regardless of age who is visibly intoxicated.

7. It is a violation of housing policy to be publicly intoxicated in the residence halls. Students who are 21 or over who are disruptive because of the use of alcohol may be considered in violation of this policy.

8. Individuals under 21 years of age and all residents living in Substance Free Living Environments, regardless of age, may not display and/or possess alcohol containers (empty or full) within UHDS facilities or grounds.

9. Open containers of alcohol are not permitted in public or common areas either inside or outside of residential buildings. Common areas include, but are not limited to, outside entry or adjacent sidewalk areas, all lounges, lobbies, kitchenettes, recreation rooms, entertainment areas, hallways, bathrooms, stairways, fire exits, elevators, and laundry rooms, and a student room with an open door.

10. Games of chance, imitation or actual drinking games, contests, and other activities that induce, encourage, or result in the rapid consumption of alcohol are prohibited. Items used for drinking games or other activities that encourage the excessive or rapid consumption of alcohol (e.g. keg, beer pong tables, beer bongs, funnels, etc.) are prohibited.

University officials will ask individuals who violate the alcohol policy to dispose of all alcohol in their possession. Students who violate the alcohol policy may be referred for disciplinary action. University officials have discretion to call police. UHDS staff will dispose of alcohol found abandoned in public areas. UHDS staff will direct students to dispose of alcohol that is determined to have been in the illegal possession of a student.
If you have any questions or concerns about alcohol use, you are encouraged to talk with a staff member at Student Health Services or Counseling & Psychological Services (CAPS). Both departments have trained staff that provides information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website: https://studenthealth.oregonstate.edu/prevention-and-advocacy-coalition/alcohol-drug-prevention

Cannabis

1. Residents and their guests must abide by the Code of Student Conduct expectations regarding cannabis use.

2. The possession, use or distribution of cannabis in UHDS housing is prohibited. This is true even if a resident has a medical card or is over 21 years of age.

3. It is a violation of policy for anyone to knowingly be present in a room/suite where cannabis is present, or where violations of the Cannabis section of the Code of Student Conduct are taking place.

4. It is prohibited to be under the influence of cannabis in any form. Students who exhibit behaviors that appear to have been influenced by cannabis use may be subject to disciplinary process. Such behaviors may include, but are not limited to smell of cannabis or disruptive behavior due to cannabis use.

5. Students may not possess cannabis paraphernalia, which includes equipment, products and materials of any kind which are marketed for use or designed for cannabis use including, but not limited to, bongs, smoking pipes, vaporizers, and roach clips. For a more complete listing of prohibited items please see Oregon Revised Statutes (ORS) 475B.376.

Because cannabis is prohibited on campus regardless of age or medical cardholder status, UHDS staff will work with the Department of Public Safety to remove and destroy cannabis in any form and/or drug paraphernalia that is found on campus property. For more information about cannabis at OSU, please review the following website: https://policy.oregonstate.edu/UPSM/07-045_university_policy_marijuana

If you have any questions or concerns about drug use, you are encouraged to talk with a staff member at Student Health Services or Counseling & Psychological Services (CAPS). Both departments have trained staff who can provide information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website: https://studenthealth.oregonstate.edu/prevention-and-advocacy-coalition/alcohol-drug-prevention

Drugs

1. Residents and their guests must abide by the Code of Student Conduct expectations regarding drug use.

2. The possession, use or distribution of illegal drugs in UHDS housing is prohibited. The illegal possession, use, or distribution of prescription drugs in UHDS housing is also prohibited.

3. The use of substances outside of their intended purposes and in a manner not prescribed by a
physician is prohibited. Prescription drugs are permitted on campus if accompanied by an authentic medical prescription. Use of legal medication outside the parameters of the medical authorization is prohibited.

4. It is prohibited to be under the influence of federally controlled substances in any form. Students who exhibit behaviors that appear to have been influenced federally controlled substances use may be subject to disciplinary process. Such behaviors may include, but are not limited to, slurred speech, smell of other drugs, lack of balance, or swaying. Students are reminded that being under the influence of drugs, including legal substances such as salvia, is not an excuse for disruptive behavior or other violations of University policies or rules.

5. Students may not possess drug paraphernalia. Drug paraphernalia includes equipment, products and materials of any kind which are marketed for use or designed for drug use including, but not limited to, bongs, smoking pipes, vaporizers, syringe needles, and roach clips. For a more complete listing of prohibited items please see Oregon Revised Statutes (ORS) 475.525.

6. It is a violation of policy for anyone to knowingly be present in a room/suite where illegal substances are present, or where violations of the Drugs section of the Code of Student Conduct behavioral expectations are taking place.

University officials will refer residents and their guests who violate this provision to the Department of Public Safety and Oregon State Police.

If you have any questions or concerns about drug use, you are encouraged to talk with a staff member at Student Health Services or Counseling & Psychological Services (CAPS). Both departments have trained staff that can provide information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website: https://studenthealth.oregonstate.edu/prevention-and-advocacy-coalition/alcohol-drug-prevention

Residential Education Policies and Contractual Agreements for Orchard Court Apartments and The Gem

Alcohol

1. Residents, dependents, and guests must abide by the Student Code of Conduct expectations regarding alcohol use. Residents, dependents, and guests who are under the age of 21 may not possess or consume alcohol.

2. Residents, dependents, and guests may not furnish, manufacture, distribute, or sell alcohol except as expressly permitted by law and the University’s policies regarding alcohol.

3. It is a violation of housing policy to provide alcohol to anyone regardless of age who is visibly intoxicated.

4. It is a violation of housing policy to be publicly intoxicated in the public or common areas of Orchard Court. Even residents, dependents, and guests who are 21 or over who are disruptive because of the use of alcohol may be considered in violation of this policy.

5. Open containers of alcohol are not permitted in public or common areas. Common areas include, but are not limited to, parking lots, sidewalks, stairwells, lawns, playgrounds, community center, laundry rooms, and storage areas.
University officials will ask individuals who violate the alcohol policy to dispose of all alcohol in their possession. Residents who violate the alcohol policy may be referred for disciplinary action. University officials have discretion to call police. UHDS staff will dispose of alcohol found abandoned in public areas. UHDS staff will direct residents to dispose of alcohol that is determined to have been in the illegal possession of a resident, dependent, or guest.

If you have any questions or concerns about alcohol use, you are encouraged to talk with a staff member at Student Health Services (SHS) or Counseling & Psychological Services (CAPS). Both departments have trained staff that provides information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website:  
https://studenthealth.oregonstate.edu/prevention-and-advocacy-coalition/alcohol-drug-prevention

**Cannabis**

1. Residents, dependents, and guests must abide by the Code of Student Conduct expectations regarding cannabis use.
2. The possession, use, or distribution of cannabis in UHDS housing or anywhere on university property is prohibited. This is true even if a resident has a medical card or is over 21 years of age.
3. It is prohibited to be under the influence of cannabis in any form. Residents who exhibit behaviors that appear to have been influenced by cannabis use may be subject to disciplinary process. Such behaviors may include, but are not limited to, smell of cannabis or disruptive behavior due to cannabis use.
4. Residents may not possess cannabis paraphernalia, which includes equipment, products, and materials of any kind which are marketed for use or designed for cannabis use including, but not limited to, bongs, smoking pipes, vaporizers, and roach clips. For a more complete listing of prohibited items, please see Oregon Revised Statutes (ORS) 475B.376.

Because cannabis is prohibited on campus regardless of age or medical cardholder status, UHDS staff will work with the Department of Public Safety to remove and destroy cannabis in any form and/or drug paraphernalia that is found on campus property. For more information about cannabis at OSU, please review the following website:  
https://policy.oregonstate.edu/UPSM/07-045_university_policy_marijuana

If you have any questions or concerns about drug use, you are encouraged to talk with a staff member at Student Health Services (SHS) or Counseling & Psychological Services (CAPS). Both departments have trained staff that can provide information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website:  
https://studenthealth.oregonstate.edu/prevention-and-advocacy-coalition/alcohol-drug-prevention

**Drugs**

1. Residents, dependents, and guests must abide by the [Student Code of Conduct](#) expectations regarding drug use.
2. The possession, use or distribution of illegal drugs in UHDS housing is prohibited. The illegal possession, use or distribution of prescription drugs in UHDS housing is also prohibited.
3. The use of substances outside of their intended purposes and in a manner not prescribed by a physician is prohibited. Prescription drugs are permitted on campus if accompanied by an authentic medical prescription. Use of legal medication outside the parameters of the medical authorization is prohibited.

4. It is prohibited to be under the influence of federally controlled substances in any form. Residents who exhibit behaviors that appear to have been influenced federally controlled substances use may be subject to disciplinary process. Such behaviors may include, but are not limited to, slurred speech, smell of other drugs, lack of balance, or swaying. Residents are reminded that being under the influence of drugs, including legal substances such as salvia, is not an excuse for disruptive behavior or other violations of University policies or rules.

5. Residents may not possess drug paraphernalia. Drug paraphernalia includes equipment, products and materials of any kind which are marketed for use or designed for drug use including, but not limited to, bongs, smoking pipes, vaporizers, syringe needles, and roach clips. For a more complete listing of prohibited items please see Oregon Revised Statutes (ORS) 475.525.

6. It is a violation of policy for anyone to knowingly be present in a room/suite where illegal substances are present, or where violations of the Drugs or Marijuana sections of the Code of Student Conduct behavioral expectations are taking place.

University officials will refer situations involving residents, dependents, and guests who violate this provision to the Department of Public Safety and Oregon State Police.

If you have any questions or concerns about drug use, you are encouraged to talk with a staff member at Student Health Services (SHS) or Counseling & Psychological Services (CAPS). Both departments have trained staff that can provide information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website:

https://studenthealth.oregonstate.edu/prevention-and-advocacy-coalition/alcohol-drug-prevention

Source: University Housing and Dining Policy Guide 2022-2023


University Standard 07-005 Alcohol Service

1. Policy Statement

1.1. Alcohol service is only permitted in accordance with this university standard, and with respect to university events, only for events that support the university’s mission of teaching, research, and outreach and engagement.

1.2. All university and non-university events involving the service of alcohol are subject to applicable unit rules, guidelines, contracts, facility use agreements, or other arrangements. Such rules and agreements must accord with this university standard and may include additional restrictions on alcohol service and consumption.
2. Reason for Policy

2.1. Oregon State University ("university") strives to promote student success, faculty and staff excellence, and public health by fostering a culture of healthy living that encourages sound judgment, accountability, responsible behavior, and informed decision-making in all areas of life. The misuse of alcohol and other drugs remains a top public health concern on college campuses and can result in a multitude of adverse personal, social, professional, or academic consequences. The university is committed to maintaining a secure environment that is conducive to the health, safety, and overall welfare of its students, faculty, staff, and visitors. In keeping with these principles, this university standard sets restrictions on and describes requirements for how alcohol may be served and consumed at university and non-university events.

2.2. The university is dedicated to preventing the abuse of alcohol and other drugs in its community and cautions against the excessive consumption of alcoholic beverages. The university expects that all persons of legal drinking age who choose to consume alcohol will do so responsibly.

3. Scope & Audience

3.1. This university standard applies to all university employees, students, contractors, volunteers, visitors and anyone on university-owned or -controlled property. This standard also applies to university events held on property not owned or controlled by OSU.

Additional policy information including exceptions and sanctions is located at: https://policy.oregonstate.edu/UPSM/07-005_alcohol_service

OSU Drug-Free Workplace Policy

Background
On October 21, 1988, Congress enacted the Drug-Free Workplace Act of 1988. This statute requires that all institutions receiving grants from any federal agency certify to that agency that they will maintain a drug-free workplace. The OSU Drug-Free Workplace Policy was developed to accomplish this purpose.

Policy
Oregon State University is committed to maintain a workplace free from the unlawful manufacture, use, dispensing, possession, or distribution of controlled substances (as defined in section 102 of the Controlled Substances Act [21 U.S.C. 802]). Unlawful manufacture, use, dispensing, possession, or distribution of controlled substances by university employees in the workplace is prohibited under university policy. All employees of the University will receive a copy of, and must abide by this policy.

Abuse of controlled substances in the workplace is dangerous and must be avoided. Any employee convicted of violating a criminal drug statute in the workplace must notify his or her supervisor and the Director of Human Resources no later than five days after such conviction.

If the employee is involved in work supported by a federal agency, the University will notify the federal agency within ten days after receiving notice of the criminal drug statute conviction. Within 30 days of
receiving notification that an employee has been convicted of violating a criminal drug statute in the workplace, the University will take appropriate personnel action against such an employee, or will require the employee to participate satisfactorily in a controlled substance assistance or rehabilitation program.

Employees found to be in violation of this policy may be subject to disciplinary sanctions consistent with applicable provisions of state laws and regulations, collective bargaining agreements, University and Oregon State Board of Higher Education administrative rules, as well as penalties under federal and state law.

The University supports programs for the prevention of controlled substance abuse by university employees as well as assistance programs for those with problems related to controlled substance abuse. Employees found to be in violation of this policy may be required to provide evidence of satisfactory participation in a substance abuse assistance or rehabilitation program.

Employees are encouraged to seek assistance for controlled substance dependency problems through the University Employee Assistance Program. Evaluation, counseling and referral services are available to employees through this program, and assistance is provided on a confidential basis. The health benefits packages available to all university employees provide at least partial reimbursement for treatment and rehabilitation associated with substance abuse problems.

Information about the Employee Assistance Program can be obtained at the Department of Human Resources (122 Administrative Services, 541-737-3103).

Source:  https://fa.oregonstate.edu/gen-manual/drug-free-workplace-policy

B. OSU Annual Notification

Oregon State University’s Annual Notification of Alcohol and Other Drug Information for Students, Faculty and Staff is located at: https://studenthealth.oregonstate.edu/aod-annual-notification