

Oregon State University

Quarantine & Isolation Guidelines

Requirements and recommendations for students and employees are based on isolation and quarantine guidance provided by the [Centers for Disease Control](#) (CDC), [Oregon Health Authority](#) (OHA) and Local Public Health Authority (LPHA). In specific circumstances, quarantine requirements for vaccinated and unvaccinated students and employees may be changed at the direction of LPHA. OSU students and employees must adhere to these guidelines unless otherwise directed.

Student notification requirements

Students must [notify](#) OSU if they have been diagnosed with COVID-19, if they have had a positive COVID-19 test result, or have [symptoms](#) of COVID-19 and have been physically on-site at an OSU location or interacted in person with individuals outside their household as part of their OSU activities during the 10 days prior to the COVID-19 diagnosis or positive test.

Unless living in campus housing, during the isolation period, students are prohibited from being on-site at any OSU location or interacting in person with individuals outside of their household as part of their OSU activities. Those living on campus must follow [University Housing & Dining protocol](#) for quarantine and isolation.

Employee notification requirements

Employees must [notify](#) their supervisor if they have been diagnosed with COVID-19, if they have had a positive COVID-19 test result, or have [symptoms](#) of COVID-19 and have been physically on-site at an OSU location or interacted in person with individuals outside their household as part of their OSU employment in the previous 10 days.

NEW: Definition for “up to date” vaccination status

Vaccination status	Definition
Up to date	Boosted or Completed the primary series of Moderna within the last six months or Pfizer within the last five months or J&J within the last two months
Not up to date	Unvaccinated or Not completed the primary series of any COVID-19 vaccine or Completed the primary series of Moderna over six months ago or Pfizer over five months ago or J&J over two months ago and not boosted

Exposure and symptoms definitions

- **Exposure** — Being in close contact (within 6 feet for at least 15 minutes in a 24-hour period) with a person who has recently tested positive for COVID-19.
- **Symptoms** — COVID-19 symptoms can include shortness of breath, cough, fever, loss of taste or smell, fatigue, muscle or body aches, headache, sore throat, runny nose, nausea or vomiting, or diarrhea.

Student and employee quarantine & isolation requirements

COVID-19 VACCINATION **UP TO DATE**

Had a booster dose, or completed the primary series of Moderna within the last six months or Pfizer within the last five months or J&J within the last two months.

If experiencing COVID-19 symptoms, you are required to:

- Isolate until symptoms are resolved.
- Get tested.
- Notify OSU.
- Avoid close contact with others.
- Students: Contact Student Health Services.
- Employees: Contact primary health care provider.
- Follow all public health guidance.

If tested positive for COVID-19 and are **symptomatic**, you are required to:

- Notify OSU.
- Isolate for at least **five days** after onset of symptoms and until all symptoms are resolved (i.e., no fever for 24 hours without fever-reducing medications).
- Wear a well-fitting mask around others for at least **10 days** from the onset of symptoms.

If tested positive for COVID-19 and are **asymptomatic**, you are required to:

- Notify OSU.
- Isolate for **five days** from the date of the test.
- Wear a well-fitting mask around others for **10 days** from the positive test.

If exposed (close contact) to a confirmed or presumptive COVID-19 case, you are required to:

- Wear well-fitting masks around others for **10 days** from the date of exposure.
- Monitor for symptoms.
- Test on day five, if possible.
- **Not** required to quarantine.
- If you develop symptoms at any time, isolate immediately and get tested.

If exposed (close contact) to a confirmed or presumptive COVID-19 case and had COVID-19 in the previous 90 days:

- Not required to quarantine or be tested unless symptoms develop.
- If symptoms develop, you should self-isolate and contact your medical provider.

Updated Jan. 10, 2022

COVID-19 VACCINATION NOT UP TO DATE

Unvaccinated, or has **NOT** completed the primary series of any COVID-19 vaccine, or completed the primary series of Moderna **over six months** ago or Pfizer **over five months** ago or J&J **over two months** ago and is **NOT** boosted.

If experiencing COVID-19 symptoms, you are required to:

- Isolate until symptoms are resolved.
- Get tested.
- Notify OSU.
- Avoid close contact with others.
- Students: Contact Student Health Services.
- Employees: Contact primary health care provider.
- Follow all public health guidance.

If tested positive for COVID-19 and are symptomatic, you are required to:

- Notify OSU.
- Isolate for at least **five days** after onset of symptoms and all symptoms are resolved (i.e., no fever for 24 hours without fever-reducing medications).
- Wear a well-fitting mask around others for at least **10 days** from the onset of symptoms.

If tested positive for COVID-19 and are asymptomatic, you are required to:

- Notify OSU.
- Isolate for **five days**.
- Wear well-fitting masks around others for **10 days** from the positive test date.

If exposed (close contact) to a confirmed or presumptive COVID-19 case, you are required to:

- Required to quarantine for **five days**.
- Monitor for symptoms.
- Wear a well-fitting mask around others for **10 days** from the date of exposure.
- Test on day five, if possible.
- If you develop symptoms at any time, isolate immediately and get tested.

If exposed (close contact) to a confirmed or presumptive COVID-19 case and had COVID-19 in the previous 90 days:

- Not required to quarantine or be tested unless symptoms develop.
- If symptoms develop, you should self-isolate and contact a medical provider.

Note: In specific circumstances, quarantine and isolation requirements for boosted, vaccinated and unvaccinated students or employees may be changed at the direction of the Local Public Health Authority (LPHA). OSU students, faculty, and staff are to adhere to these quarantine and isolation guidelines unless otherwise directed by the LPHA.