

Quarantine and Isolation Guidelines

Unvaccinated

Vaccinated

If you are experiencing COVID-19 symptoms with no known exposure to a positive case

Isolate & Get Tested Immediately

Isolate until test result is known.

If **positive**: Isolate for a minimum of 10 days from the start of the symptoms, and symptoms have improved, and you have had no fever for at least 24 hours without fever-reducing medications.

If **negative**: Continue isolating until all symptoms have improved, and you have had no fever for at least 24 hours without the use of fever-reducing medications.

I have fully recovered from COVID-19 in the past 90 days

Isolate and contact your primary care provider to discuss symptoms.

If you are a close contact of a confirmed or presumptive case of COVID-19

I am unvaccinated:

I have no symptoms:

Get tested immediately and complete a full 14-day quarantine.

- If **positive**, isolate for 10 days from the date of your test.
- If **negative**, quarantine for a full 14 days, test again 5-7 days after initial exposure. Additional testing may be needed if symptoms emerge.

I have symptoms:

Get tested immediately and complete a full 14-day quarantine.

- If **positive**, isolate for a minimum of 10 days, and COVID symptoms have improved, and you have had no fever for 24 hours without the use of fever-reducing medications.
- If **negative**, continue quarantine and get tested again 5-7 days after exposure.

I am vaccinated:

I have no symptoms:

You do not need to quarantine.

Get tested 3-5 days after exposure.

- If **positive**, isolate for 10 days from the date of your COVID test.

Wear a face covering around others indoors for 14 days or until you have a negative test result.

I have symptoms:

Get tested immediately and isolate until test results are in.

- If **positive**, continue isolating for a minimum of 10 days and until all COVID symptoms have improved.
- If **negative**, continue isolation until all symptoms have improved.

Note: In specific circumstances, quarantine requirements for vaccinated and unvaccinated students or employees may be changed at the direction of the Local Public Health Authority (LPHA). OSU students, faculty, and staff are to adhere to these quarantine and isolation guidelines unless otherwise directed by the LPHA.

I have fully recovered from COVID-19 in the past 90 days

I have no symptoms:

- No need for testing, quarantine, or isolation unless symptoms develop within 14 days of exposure. If symptoms develop, isolate and contact your primary care physician.

I have symptoms:

- Isolate and contact your primary care provider to discuss symptoms. Discontinue isolation when all symptoms have improved, and you have had no fever for 24 hours without the use of fever-reducing medications.