

Oregon State University

ALCOHOL & DRUG PREVENTION & EDUCATION PROGRAM

2020 Biennial Review

Posted in compliance with Part 86, the Drug and Alcohol Abuse Prevention Regulations, Education Department General Administrative Regulations (EDGAR).

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Oregon State
University

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I. Introduction

The Drug Free Schools and Communities Act (DFSCA) and Part 86 of the Department of Education's General Administrative Regulations (Edgar Part 86) requires institutions of higher education to adopt and implement drug and alcohol abuse prevention programs (DAAPP) for students and employees. Oregon State University (OSU) has developed and implemented drug and alcohol abuse education and prevention programming designed to prevent the unlawful possession, use, and distribution of drugs and alcohol on campus and at campus events. OSU is required to distribute written information about its DAAPP, as well as conduct a biennial review to measure its effectiveness and ensure a consistent enforcement of its disciplinary sanctions.

As a part of its activities, OSU distributes and has available written materials that include the following:

- Standards of conduct that prohibit the unlawful possession, use or distribution of illicit drugs and alcohol on University property or part of our activities
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol
- Federal, state and local laws with applicable legal sanctions
- Information regarding counseling and treatment programs
- A list of prevention and education programming offered
- Specific information regarding disciplinary sanctions OSU will impose on students and employees who violate standards of conduct

The process of conducting a biennial review provides OSU with an opportunity to examine the reach and impact of our alcohol and drug prevention efforts. Through this review, we will acknowledge our achievements and most importantly, we will identify areas that need improvement. The spirit of improvement is our primary goal, as we are aware of the serious negative impacts alcohol and other drug abuse has on our campus community.

Specifically, OSU undertakes a biennial review to internally evaluate its alcohol and drug abuse prevention programming in the following areas:

- Determine program effectiveness and implement programmatic changes as needed;
- Determine the number of drug- and alcohol-related violations that occur on the institution's campus or as part of any of the institution's activities;
- Determine the number and type of sanctions that are imposed by the institution as a result of drug- and alcohol-related violations on the institution's campus or as a part of any of the institution's activities; and
- Ensure that the sanctions are consistently enforced.

II. Alcohol and Other Drug (AOD) Prevalence Rate, Incidence Rate, and Trend Data

A. AOD-related Incidents.

There are several AOD-related incidents occurring in and around the OSU campus. [Data on the number of incidents is housed in the Office of Student Life, Student Conduct and Community Standards (SCCS)]. A summary of incidents is detailed below.

AOD incidents distributed by sanctioning office and type of event

	AY 2018-2019	AY 2019-2020
1. On-campus alcohol-related incidents reported to the Office of Student Life/SCCS	239	124
2. On-Campus drug-related incidents reported to the Office of Student Life/SCCS	59	13
3. Alcohol-related student conduct violations managed by the Office of Student Life/SCCS and University Housing	477	418
4. Drug-related student conduct violations managed by the Office of Student Life/SCCS and University Housing	255	124

AOD incidents by type (alcohol or marijuana), academic year, and term

	Fall	Winter	Spring	Total
AY 2018-2019 Alcohol-related incidents	343	229	144	716
AY 2018-2019 Drug-related incidents	119	90	105	314
AY 2019-2020 Alcohol-related incidents	295	228	14	537
AY 2019-2020 Drug-related incidents	50	76	11	137

Note: Information reported only applies to students under university jurisdiction.

Only unique cases are reported in this data (i.e. if the student violated multiple alcohol sub-policies at the same time, they are only counted once). Although, if the individual violated alcohol and drug policies at one time, they are included in all data sets above.

These incidents resulted in the following sanctions from OSU:

Sanctioning AY 2018-2019			
Impact Alcohol	Impact Cannabis	CADC	Socializing Workshop
135	54	49	105

Sanctioning AY 2019-2020			
Impact Alcohol	Impact Cannabis	CADC	Socializing Workshop
131	40	62	72

B. Assessment Data.

Assessment data is available for the OSU population from sources including the National College Health Assessment (NCHA). OSU has utilized the NCHA survey as the main assessment tool (administered every two years, beginning in 2000). NCHA data allows us to observe trends over time on the OSU campus as well as compare to national standards.

NCHA Data	OSU 2018	OSU 2020
Total percentage of students who reported never using alcohol	17.4%	18.0%
Total percentage of students who reported using alcohol within the last 30 days	69.7%	69.0%
Total percentage of students who reported consuming five or more drinks in a sitting (one or more times) within the last two weeks	27.4%	21.5%
Total percentage of students who reported never using marijuana	47.6%	44.4%
Total percentage of students who reported using marijuana in the last 30 days	29.9%	29.5%

As shown, the number of students surveyed who have never used alcohol has remained about the same, however, our percentage of high-risk drinking continues to decline. The total percentage of students who reported consuming alcohol or marijuana in the past 30 days have both remained relatively stable.

Campus level data on drug and alcohol consumption and alcohol and drug use disorders among employees is not available. It should be noted, however, that the state of Oregon faces significant challenges related to drug and alcohol use among its population (both adults and youth). A summary of substance use disorders in Oregon from the 2018 Oregon Addiction Fact Sheet (www.oregonrecovers.org) included the following data:

- 1 out of every 10 Oregonians suffers from the disease of addiction¹
- 2 out of every 3 Oregonians is a friend or family member to someone suffering from addiction¹
- Oregon has a 9.22% untreated addiction rate and ranks 50th in the nation in access to treatment²
- Five Oregonians die from alcohol-related causes every day³
- One to two more Oregonians die from drug overdoses daily⁴
- Drug overdoses kill at the same rate as firearms⁴ and at a higher rate than HIV/AIDs at the height of the epidemic⁵
- 1 out of every 10 Oregonians living in homelessness suffer from addiction⁶
- Two-thirds of homeless individuals with an addiction are living in unsheltered locations⁶
- Untreated substance abuse costs Oregon \$5.9 billion every year⁷
 - \$4.15 billion in lost earnings, \$813 million in health care, and \$967 million in other costs such as law enforcement, criminal justice and social welfare expenditures⁷

Sources:

1. *Substance Use Disorders in Oregon - Prevention, Treatment & Recovery, Oregon Substance Use Disorder Research Committee, Nov. 2017*
2. *2016-2017 National Survey on Drug Use and Health: Model-Based Prevalence Estimates, SAMHSA, 2018.*
3. *Alcohol-Related Deaths by County, Oregon, 2013–2016, Oregon Health Authority, Apr. 2018.*
4. *National Center for Health Statistics Stats of the State of Oregon, Centers for Disease Control and Prevention, 2016.*
5. *Epidemiologic Profile of HIV/AIDS in Oregon, Oregon Health Authority, Mar. 2014.*
6. *Point-in-Time Estimates of Homelessness, Oregon Housing and Community Services, 2017*
7. *The Economic Costs of Alcohol and Drug Abuse in Oregon in 2006, ECONorthwest, 2008*

III. University Policies

There are several policies governing alcohol and drug use on all OSU campuses. These policies target specific populations (students or staff) and specific services and are detailed below.

Student Conduct and Community Standards Policies for Students and Student Organizations

A. Alcohol. The following behavior is prohibited:

- a. use, possession, or procurement of alcohol by persons under the legal drinking age; students are also considered to be in possession if the substance is in their bodies or the use is otherwise detectable;
- b. furnishing, manufacturing, distributing, or selling alcohol except as expressly permitted by law and the University's policies regarding alcohol;
- c. driving under the influence of alcohol in excess of the applicable legal limit;
- d. public intoxication, possession, or use while on University property or at events except as expressly permitted by University policies regarding alcohol;
- e. disruptive behavior or other Code violations due to alcohol intoxication regardless of location;
- f. failure of a Student Organization to take all necessary steps to ensure that no person under the legal drinking age possesses alcoholic beverages at functions it sponsors or organizes, or within any property or transportation it owns, operates, and/ or rents;
- g. using alcohol to facilitate incapacitation or forcing ingestion of alcohol without consent;
or
- h. use, or possession, of alcohol in a way that is prohibited by applicable law.

B. Marijuana. The following behavior is prohibited:

- a. use, possession, or procurement of marijuana or its derivatives or paraphernalia related to use by persons under the legal age; students are also considered to be in possession if the substance is in their bodies or the use is otherwise detectable;
- b. public intoxication, possession, or use of marijuana or its derivatives or paraphernalia related to use while on University property or at University events;
- c. furnishing, manufacturing, distributing, or selling marijuana or its derivatives except as expressly permitted by law;
- d. driving under the influence of marijuana or its derivatives;
- e. disruptive behavior or other Code violations due to marijuana cannabis intoxication regardless of location;
- f. failure of a Student Organization to take all necessary steps to ensure that no person under the legal age possesses or consumes marijuana or its derivatives at functions it sponsors or organizes, or within any property or transportation it owns, operates, and/or rents;
- g. facilitating incapacitation or ingestion without consent through the use of marijuana or its derivatives; or
- h. use, or possession, of marijuana in a way that is prohibited by applicable law.

C. Drugs. The following behavior is prohibited, where "drugs" includes but is not limited to federally controlled substances, synthetic drugs or inhalants, natural substances used for drug effects, and medication used/possessed/handled in non-prescribed manners:

- a. use, possession, or procurement of drugs or paraphernalia related to use; students are also considered to be in possession if the substance is in their bodies or the use is otherwise detectable;
- b. furnishing, manufacture, distribution, or sale of drugs except as expressly permitted by law;
- c. public intoxication due to drug use;
- d. driving under the influence of drugs;
- e. disruptive behavior or other Code violations due to drug intoxication regardless of location;
- f. failure of a Student Organization to take all necessary steps to ensure that no person possesses or consumes drugs at functions it sponsors or organizes, or within any property or transportation it owns, operates, and/or rents; or
- g. facilitating incapacitation or ingestion without consent through the use of drugs.

Source: The OSU Code of Student Conduct

(https://studentlife.oregonstate.edu/sites/studentlife.oregonstate.edu/files/student-conduct-community-standards/Code/code_of_student_conduct_8_14_20.pdf)

University Housing and Dining Alcohol & Drug Policies for Residents

Residential Education Policies and Agreements for Residence Halls and Other UHDS Spaces

Alcohol

1. Residents and their guests must abide by the [Code of Student Conduct](#) expectations regarding alcohol use. Residents and their guests who are under the age of 21 may not possess or consume alcohol.
2. No resident, or their guests, regardless of age, may possess or consume hard alcohol in the residence halls. Hard alcohol is defined as alcohol that is equal to or greater than 15 percent alcohol by volume or 30 proof.
3. Residents and their guests may not consume alcohol in the presence of those under the age of 21. It is a violation of policy for anyone under the age of 21 to be present in a residential space where they know that alcohol or alcohol containers are present (empty or full), or in a common area where violations of this policy are occurring.
4. Residents of any age who reside in substance-free living environments are not permitted to possess alcohol in their rooms.
5. Residents who are 21 years of age or older may possess alcohol, with the exception of hard alcohol (defined as equal to or greater than 15 percent alcohol by volume or 30 proof) which is never permitted, if they follow the requirements listed below:

- a. Residents who are at least 21 years of age may not consume alcohol in the room in the presence of individuals, including roommates, who are under the age of 21.
 - b. Residents of legal age must discreetly transport alcohol to their rooms.
 - c. Residents of legal age may only store their alcohol out of view in their assigned area of the room.
6. It is a violation of housing policy to provide alcohol to anyone regardless of age who is visibly intoxicated.
7. It is a violation of housing policy to be publicly intoxicated in the residence halls. Students who are 21 or over who are disruptive because of the use of alcohol may be considered in violation of this policy.
8. Individuals under 21 years of age and all residents living in Substance Free Living Environments, regardless of age, may not display and/or possess alcohol containers (empty or full) within UHDS facilities or grounds.
9. Open containers of alcohol are not permitted in public or common areas either inside or outside of residential buildings. Common areas include, but are not limited to, outside entry or adjacent sidewalk areas, all lounges, lobbies, kitchenettes, recreation rooms, entertainment areas, hallways, bathrooms, stairways, fire exits, elevators, and laundry rooms, and a student room with an open door.
10. Games of chance, imitation or actual drinking games, contests, and other activities that induce, encourage, or result in the rapid consumption of alcohol are prohibited. Items used for drinking games or other activities that encourage the excessive or rapid consumption of alcohol (e.g. keg, beer pong tables, beer bong, funnels, etc.) are prohibited.

University officials will ask individuals who violate the alcohol policy to dispose of all alcohol in their possession. Students who violate the alcohol policy may be referred for disciplinary action. University officials have discretion to call police. UHDS staff will dispose of alcohol found abandoned in public areas. UHDS staff will direct students to dispose of alcohol that is determined to have been in the illegal possession of a student.

If you have any questions or concerns about alcohol use, you are encouraged to talk with a staff member at Student Health Services or Counseling & Psychological Services (CAPS). Both departments have trained staff that provides information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website:

<http://studenthealth.oregonstate.edu/alcohol-and-other-drugs>

Drugs

1. Residents and their guests must abide by the [Code of Student Conduct](#) expectations regarding drug use.
2. The possession, use or distribution of illegal drugs in UHDS housing is prohibited. The illegal possession, use, or distribution of prescription drugs in UHDS housing is also prohibited.

3. The use of substances outside of their intended purposes and in a manner not prescribed by a physician is prohibited. Prescription drugs are permitted on campus if accompanied by an authentic medical prescription. Use of legal medication outside the parameters of the medical authorization is prohibited.
4. It is prohibited to be under the influence of federally controlled substances in any form. Students who exhibit behaviors that appear to have been influenced federally controlled substances use may be subject to disciplinary process. Such behaviors may include, but are not limited to, slurred speech, smell of other drugs, lack of balance, or swaying. Students are reminded that being under the influence of drugs, including legal substances such as salvia, is not an excuse for disruptive behavior or other violations of University policies or rules.
5. Students may not possess drug paraphernalia. Drug paraphernalia includes equipment, products and materials of any kind which are marketed for use or designed for drug use including, but not limited to, bongs, smoking pipes, vaporizers, syringe needles, and roach clips. For a more complete listing of prohibited items please see Oregon Revised Statutes (ORS) 475.525.
6. It is a violation of policy for anyone to knowingly be present in a room/suite where illegal substances are present, or where violations of the Drugs section of the [Code of Student Conduct](#) behavioral expectations are taking place.

University officials will refer residents and their guests who violate this provision to the Department of Public Safety and Oregon State Police.

If you have any questions or concerns about drug use, you are encouraged to talk with a staff member at Student Health Services or Counseling & Psychological Services (CAPS). Both departments have trained staff that can provide information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website: <http://studenthealth.oregonstate.edu/alcohol-and-other-drugs>

Residential Education Policies and Contractual Agreements for Orchard Court Apartments

Alcohol

1. Residents, dependents, and guests must abide by the [Code of Student Conduct](#) expectations regarding alcohol use. Residents, dependents, and guests who are under the age of 21 may not possess or consume alcohol.
2. Residents, dependents, and guests may not furnish, manufacture, distribute, or sell alcohol except as expressly permitted by law and the University's policies regarding alcohol.
3. It is a violation of housing policy to provide alcohol to anyone regardless of age who is visibly intoxicated.
4. It is a violation of housing policy to be publicly intoxicated in the public or common areas of Orchard Court. Even residents, dependents, and guests who are 21 or over who are disruptive because of the use of alcohol may be considered in violation of this policy.
5. Open containers of alcohol are not permitted in public or common areas. Common areas include, but are not limited to, parking lots, sidewalks, stairwells, lawns, playgrounds, community center, laundry rooms, and storage areas.

University officials will ask individuals who violate the alcohol policy to dispose of all alcohol in their possession. Residents who violate the alcohol policy may be referred for disciplinary action. University officials have discretion to call police. UHDS staff will dispose of alcohol found abandoned in public areas. UHDS staff will direct residents to dispose of alcohol that is determined to have been in the illegal possession of a resident, dependent, or guest.

If you have any questions or concerns about alcohol use, you are encouraged to talk with a staff member at Student Health Services (SHS) or Counseling & Psychological Services (CAPS). Both departments have trained staff that provides information, assistance, and counseling. For more information on alcohol and other drugs please visit the following website:

<http://studenthealth.oregonstate.edu/alcohol-and-other-drugs>

Drugs

1. Residents, dependents, and guests must abide by the [Code of Student Conduct](#) expectations regarding drug use.
2. The possession, use or distribution of illegal drugs in UHDS housing is prohibited. The illegal possession, use or distribution of prescription drugs in UHDS housing is also prohibited.
3. The use of substances outside of their intended purposes and in a manner not prescribed by a physician is prohibited. Prescription drugs are permitted on campus if accompanied by an authentic medical prescription. Use of legal medication outside the parameters of the medical authorization is prohibited.
4. It is prohibited to be under the influence of federally controlled substances in any form. Residents who exhibit behaviors that appear to have been influenced federally controlled substances use may be subject to disciplinary process. Such behaviors may include, but are not limited to, slurred speech, smell of other drugs, lack of balance, or swaying. Residents are reminded that being under the influence of drugs, including legal substances such as salvia, is not an excuse for disruptive behavior or other violations of University policies or rules.
5. Residents may not possess drug paraphernalia. Drug paraphernalia includes equipment, products and materials of any kind which are marketed for use or designed for drug use including, but not limited to, bongs, smoking pipes, vaporizers, syringe needles, and roach clips. For a more complete listing of prohibited items please see Oregon Revised Statutes (ORS) 475.525.
6. It is a violation of policy for anyone to knowingly be present in a room/suite where illegal substances are present, or where violations of the Drugs or Marijuana sections of the [Code of Student Conduct](#) behavioral expectations are taking place.

University officials will refer situations involving residents, dependents, and guests who violate this provision to the Department of Public Safety and Oregon State Police.

If you have any questions or concerns about drug use, you are encouraged to talk with a staff member at Student Health Services (SHS) or Counseling & Psychological Services (CAPS). Both departments have trained staff that can provide information, assistance, and counseling. For more information on alcohol

and other drugs please visit the following website: <http://studenthealth.oregonstate.edu/alcohol-and-other-drugs>

Source: University Housing and Dining Policy Guide, September 2020.

(https://uhds.oregonstate.edu/sites/uhds.oregonstate.edu/files/uhds_policy_guide_sept_2020.pdf)

University Standard 07-005 Alcohol Service

1. Policy Statement

1.1. Alcohol service is only permitted in accordance with this university standard, and with respect to university events, only for events that support the university’s mission of teaching, research, and outreach and engagement.

1.2. All university and non-university events involving the service of alcohol are subject to applicable unit rules, guidelines, contracts, facility use agreements, or other arrangements. Such rules and agreements must accord with this university standard and may include additional restrictions on alcohol service and consumption.

2. Reason for Policy

2.1. Oregon State University (“university”) strives to promote student success, faculty and staff excellence, and public health by fostering a culture of healthy living that encourages sound judgment, accountability, responsible behavior, and informed decision-making in all areas of life. The misuse of alcohol and other drugs remains a top public health concern on college campuses and can result in a multitude of adverse personal, social, professional, or academic consequences. The university is committed to maintaining a secure environment that is conducive to the health, safety, and overall welfare of its students, faculty, staff, and visitors. In keeping with these principles, this university standard sets restrictions on and describes requirements for how alcohol may be served and consumed at university and non-university events.

2.2. The university is dedicated to preventing the abuse of alcohol and other drugs in its community and cautions against the excessive consumption of alcoholic beverages. The university expects that all persons of legal drinking age who choose to consume alcohol will do so responsibly.

3. Scope & Audience

3.1. This university standard applies to all university employees, students, contractors, volunteers, visitors and anyone on university-owned or -controlled property. This standard also applies to university events held on property not owned or controlled by OSU.

Additional policy information including exceptions and sanctions is located at:

https://policy.oregonstate.edu/UPSM/07-005_alcohol_service

OSU Drug-Free Workplace Policy

Background

On October 21, 1988, Congress enacted the Drug-Free Workplace Act of 1988. This statute requires that all institutions receiving grants from any federal agency certify to that agency that they will maintain a drug-free workplace. The OSU Drug-Free Workplace Policy was developed to accomplish this purpose.

Policy

Oregon State University is committed to maintain a workplace free from the unlawful manufacture, use, dispensing, possession, or distribution of controlled substances (as defined in section 102 of the Controlled Substances Act [21 U.S.C. 802]). Unlawful manufacture, use, dispensing, possession, or distribution of controlled substances by university employees in the workplace is prohibited under university policy. All employees of the University will receive a copy of, and must abide by this policy.

Abuse of controlled substances in the workplace is dangerous and must be avoided. Any employee convicted of violating a criminal drug statute in the workplace must notify his or her supervisor and the Director of Human Resources no later than five days after such conviction.

If the employee is involved in work supported by a federal agency, the University will notify the federal agency within ten days after receiving notice of the criminal drug statute conviction. Within 30 days of receiving notification that an employee has been convicted of violating a criminal drug statute in the workplace, the University will take appropriate personnel action against such an employee, or will require the employee to participate satisfactorily in a controlled substance assistance or rehabilitation program.

Employees found to be in violation of this policy may be subject to disciplinary sanctions consistent with applicable provisions of state laws and regulations, collective bargaining agreements, University and Oregon State Board of Higher Education administrative rules, as well as penalties under federal and state law.

The University supports programs for the prevention of controlled substance abuse by university employees as well as assistance programs for those with problems related to controlled substance abuse. Employees found to be in violation of this policy may be required to provide evidence of satisfactory participation in a substance abuse assistance or rehabilitation program.

Employees are encouraged to seek assistance for controlled substance dependency problems through the University Employee Assistance Program. Evaluation, counseling and referral services are available to employees through this program, and assistance is provided on a confidential basis. The health benefits packages available to all university employees provide at least partial reimbursement for treatment and rehabilitation associated with substance abuse problems.

Information about the Employee Assistance Program can be obtained at the Department of Human Resources (122 Administrative Services, 541-737-3103).

Source: <https://fa.oregonstate.edu/gen-manual/drug-free-workplace-policy>

IV. Programs & Interventions

The following includes programming and interventions to support alcohol and drug prevention for students on campus.

A. Individual Level Programs and Interventions

1. IMPACT

IMPACT is an evidenced-based program designed to engage students in meaningful discussion about alcohol and marijuana use. IMPACT was developed utilizing components of the Brief Alcohol Screening and Intervention for College Students (BASICS) and Alcohol Skills Training Program (ASTP). The educational programming is provided by Student Health Services with coordination support from Student Conduct and Community Standards and University Housing and Dining Services. IMPACT services are available to all OSU students regardless of campus location.

Referrals to the Impact program come from multiple sources, including both on- and off-campus agencies. On-campus students are typically referred from University Housing and Dining Services or the Office of Student Conduct and Community Standards. Off-campus students are referred from Corvallis Municipal Court, Benton County Circuit Court, and occasionally other municipal courts from around the state. Students are most often referred to the program due to an alcohol or marijuana-related violation. The courts recognize IMPACT as a diversion program for eligible Oregon State students. Students may also self-refer to the program. The program fee is waived for self-referrals.

Based on the referral, students are enrolled into a particular intervention (either two 90-minute group sessions for alcohol education, one 90-minute group session for marijuana education, or a 1:1 appointment with a Certified Alcohol and Drug Counselor). Upon completion of the IMPACT program, students have a foundational understanding of

- A. Alcohol or marijuana and the effects of each on the body,
- B. Myths and realities associated with substance induced effects, and
- C. Skills to limit the negative ramifications of underage and excessive alcohol use or other substance use.

Overall, the IMPACT program is guided by the mission of Oregon State University and is committed to stimulating a lasting attitude of inquiry, openness, and social responsibility. IMPACT is periodically revised to reflect student needs and available resources.

Impact Completion by Academic Year:

Academic Year	Students Participating in Impact Classes	Students Participating in Individual Impact Sessions
AY2018-2019	202	61

AY2019-2020	332	42
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2. Referral Programs to Off-Campus Treatment Providers for Students

Student Health Services and Counseling and Psychological Services utilize trained individuals who are available to assist students requiring treatment referral.

3. Individual Assessment for Employees

The Beyond Benefits program for employees has counselors who meet one-on-one with employees to provide counseling for many areas including alcohol or drug use. Employees initiate contact on their own or Beyond Benefits may be suggested as a result of a sanction or disciplinary action. Employees can identify drug and alcohol abuse as a presenting concern, or the counselor may determine through the assessment process that a substance abuse issue exists. The counselor can make recommendations for referral to a treatment provider or other community resource for more long-term support.

4. Referral Programs to Off-Campus Treatment Providers for Employees

As stated above, Beyond Benefits counselors may make referrals to treatment centers or other more long-term support options based on employee needs.

B. Institutional-level Programs and Interventions

The AOD Prevention Unit provides several layers of programming evolved around prevention and education. The university requires all incoming students to complete the online alcohol prevention module, AlcoholEdu. AlcoholEdu is a two-part course that focuses on the impact alcohol has on students’ mind and body, while empowering students to make well-informed decisions about alcohol through a harm-reduction approach.

The AOD Prevention Unit implements a thriving Impact Program, individual educational sessions specifically designed for students who have been sanctioned from the university or law enforcement for alcohol and drug violations. Through the Impact Program, students are engaged in discussion about their personal alcohol or drug use and are empowered to make healthy choices regarding alcohol by learning multiple harm-reduction strategies.

Currently we offer Up2U to student organizations, the OSU Athletic Department and all of the Greek communities on campus. Up2U is a program designed for OSU students to engage in a focused and meaningful discussion about alcohol and/or cannabis. Through a combination of cognitive behavior skills training, motivational enhancement and norms clarification the workshops encourage students to reflect on their own substance-use behaviors, while re-establishing positive social norms. Additionally, we are dedicated to providing students with the education and skills to engage in positive behaviors. Up2U is a voluntary program, and presentations are available upon request by faculty, staff, coaches, student organizations and the Greek community.

The Social Norms Clarification Campaign is a collaborative effort with OSU's Intercollegiate Athletics Department. The aim of the campaign is to dismantle college student's beliefs to align with the reality of the majority of their peer's consumption behaviors. The campaign utilizes OSU specific data and student athletes in order to create relevant and compelling messages.

The Higher Awareness Campaign is a collaboration between the local health department, local law enforcement and the AOD Prevention Unit at OSU. This print media campaign was designed to equip students with general knowledge regarding health effects related to cannabis, local laws, and resources if more assistance is desired. The Joan and Tom Skoro Collegiate Recovery Community (CRC) offers recreational events and activities, skill-building and educational programs inclusive of weekly meetings, movie nights, camping trips, barbecues, personal and professional development seminars and Adventure Leadership retreats through the Department of Recreational Sports. Most importantly, the CRC encourages students to meet peers in recovery who can be a source of understanding and support.

AOD Prevention and Intervention includes the following programs:

1. Educational Workshops

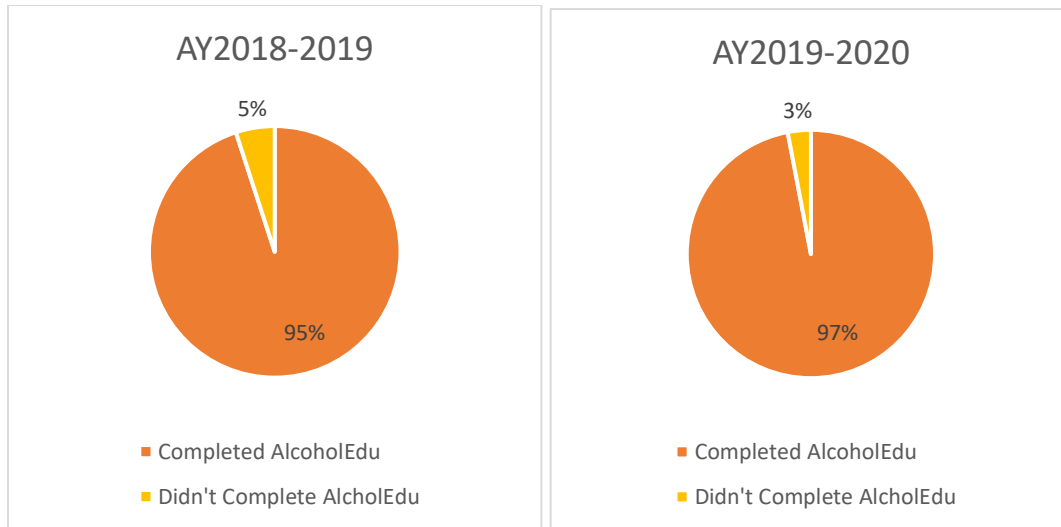
Educational workshops are the cornerstone of early intervention practices at Oregon State University. Multiple departments and offices engage in workshop activities that are instrumental in reducing the burden of excessive and underage alcohol and substance use. "Up2u" consists of education-based prevention efforts focusing on the reduction of high-risk alcohol use and prevention and reduction of cannabis use. Up2u is a voluntary program, and presentations are available upon request by students, faculty, staff, coaches, residence halls and student organizations. Students can also meet with Up2u staff to ask questions or receive more information.

2. AlcoholEdu

AlcoholEdu is a comprehensive online education program designed to provide students with the information they need to make informed decisions about alcohol, link their choices about drinking to academic and personal success, and help cope with the drinking behavior of peers, as well as respond effectively in situations where others are at risk of alcohol-related harm. AlcoholEdu has been a mandatory requirement for all incoming first-year OSU students at all OSU campuses since the fall of 2014. We believe the implementation of AlcoholEdu on OSU's campus continues to help us:

- Decrease high-risk drinking during critical times, especially the first 8 weeks of the fall term.
- Increase basic knowledge of alcohol.
- Track and monitor students' alcohol use.
- Decrease alcohol-related disruptions in residence halls.
- Change culture and expectations around alcohol use.

AlcoholEdu enjoys a high completion rate by all incoming first year students at OSU.



3. Joan and Tom Skoro Collegiate Recovery

The Joan and Tom Skoro Collegiate Recovery Community (CRC) opened its doors in fall of 2013 to offer support for students in recovery from drug or alcohol use. Before its creation, there was a need for recovery support on the OSU campus. In addition to the CRC, OSU opened the Recovery Living Community (RLC) in the fall of 2016. The RLC is located in Dixon Lodge and is Oregon State University’s first building dedicated to collegiate recovery support. Dixon Lodge is now home to both the CRC and RLC. Students participating in either the CRC or RLC are offered various events and programs including weekly check-in meetings, recovery birthday parties, team-building opportunities, movie nights and sober tailgating on home football game days. Dixon Lodge also offers meeting space for 12-step meetings, which are open to the community when at least one CRC member is present.

In 2018 a new professional staff position was onboarded at the Joan and Tom Skoro Collegiate Recovery Center (CRC). Since then, the residential population of the CRC grew by 300% between Fall 2018 and Spring 2020.

Part of the mission of the CRC is to provide culturally specific and population specific support groups. Because of this the CRC offered groups that were based in 12-steps, mindfulness and yoga, and the CRC provided culturally specific recovery support meetings to the Indigenous population and college student populations. In 2018-2020, the CRC offered an average of seven support group meetings per week, for a total of 728 peer recovery support groups in a two-year period. Attendance averages 10 people per group meeting. Online recovery support meetings are available to all OSU students.

C. Community and Environmental-level Programs and Interventions

1. Late Night Programs (substance-free social options)

Throughout the academic year, OSU provides students with substance-free social options. The Student Experience Center offers these programs in collaboration with Alcohol & Other Drug Prevention, the Tom and Joan Skoro Collegiate Recovery Community, the Center for Fraternity and Sorority Life, and University Housing and Dining Services. Programs include a variety of engaging events such as AMC Movie Night, After Dark, Haunted Memorial Union, OSU Foam Party, and much more.

2. Medical Amnesty Law

In order to remove barriers and reduce the number of alcohol poisoning-related deaths, Oregon State University put forth great effort to help pass the Medical Amnesty Law. Since January 1, 2015, this law protects minors in the state of Oregon from being charged with underage possession when calling 911 for someone they think has alcohol poisoning. This law also applies to any minor in need of medical attention. In addition, if a minor makes the call to help a friend, they are also protected under this law.

3. Partnership Advisory Group – Alcohol and Drug Prevention

The Partnership Advisory Group – Alcohol and Drug Prevention is led by Benton County and was created to ensure strategic and coordinated campus and community-wide efforts related to alcohol and drug prevention and the broad use of evidence-informed best practices. The Advisory Group employs a multi-unit stakeholder approach to reach across the campus and within the community. The group's charge is to:

- a. Develop specific goals, with implementation timelines and measures of success, to realize a vision of an OSU culture characterized by:
 - > Respectful interactions and relationships, free of sexual assault and other forms of harassment and violence
 - > Safe and healthy attitudes, decision-making, and behaviors related to alcohol and other drugs
- b. Develop evidence-based strategies and implementation plans to achieve the identified goals, with proposed:
 - > Roles and responsibilities
 - > Milestones
 - > Timelines
 - Identify and employ measures to assess progress toward achievement of goals
 - Report periodically to Benton County and OSU senior administration and the broader campus and community on priority projects and milestones toward accomplishing these goals

V. Goals and Recommendations for the Next Biennium

A. Central Goal

Increase efforts to address high-risk consumption in all student populations and address consumption issues related to coping mechanisms that occurred as a result of the 2020-21 COVID-19 pandemic.

B. Individual Strategies (Goals for 2022 Biennium)

1. Redesign of the IMPACT program to emphasize a 1:1 facilitation and education model, and continue to expand the consistent use of IMPACT for all student alcohol and marijuana violations and citations.
2. Identify improved collection/documentation methods for employee AOD violations and sanctions.
3. Expand access to clinical services related to substance use disorders.

C. Institutional Strategies (Goals for 2022 Biennium)

1. Continue to promote and support the growth of the Collegiate Recovery Community and the Recovery Living Community.
2. Coordinate with OSU's new campus police department to develop collaborative strategies for addressing alcohol and drug use, including prescription drug take-back events.
3. Launch a comprehensive post-COVID AOD social marketing campaign.
4. Conduct an institutional review of all campus units serving alcohol on a periodic basis.

D. Community/Environmental Strategies (Goals for 2022 Biennium)

1. Revitalize the OSU Prevention and Advocacy Coalition as a brain trust of partners, creators, and editors for the annual and biennial reviews.
2. Maintain collaboration with Benton County and Corvallis Police Department on awareness and educational opportunities for students.
3. Conduct awareness and/or education campaigns regarding new substance use laws in Oregon
4. Conduct awareness and education campaigns to address the risks and impacts of prescription medication abuse
5. Continue cross institution coordination of prevention efforts through participation in the Oregon Prevention Coalition on Substance Use and Abuse and within the national network of coalitions through The Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery

VI. Conclusion

Oregon State University is committed to the process of continuous improvement. We look forward to the opportunity to focus on our goals and recommendations for the next biennium. These goals will form the basis for continued efforts across all OSU campuses,

Corvallis, Hatfield Marine Science Center, Cascades, Portland and La Grande, and additional strategic planning.

Appendix A. OSU Annual Notification

Oregon State University's Annual Notification of Alcohol and Other Drug Information for Students, Faculty and Staff is located at: <https://studenthealth.oregonstate.edu/aod-annual-notification>