

## **Ann Marchant, MS, RD**

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**Consulting Dietitian at SHS since 2000**

### **Educational Background**

- BA in Biology, Colorado College
- MS in Human Nutrition, Oregon State University
- Registered Dietitian

### **Areas of Expertise/Concentration:**

- Quick and Healthy Cooking
- Sports nutrition
- Chronic disease prevention
- Weight management

### **Professional Membership and Involvement**

- American Dietetic Association
- American Diabetes Association
- American College of Sports Medicine

### **Interests**

- Enjoying time with family
- Sustainable Agriculture
- World food patterns and cultural differences in attitudes concerning food
- Scuba Diving
- Ocean Sailing
- Hiking and Camping