

Body Empowerment Project

Please join us in increasing awareness and acceptance of our bodies in all their shapes and sizes.



Individuals interested in the 4 week workshop are invited to sign up for one of the following groups

Group 1: Mondays, 10:30-11:30am (Feb. 13, 20, 27, and March 5).
Group 2 : Mondays, 12:30-1:30pm (Feb. 13, 20, 27, and March 5).
Group 3: Mondays, 2:30-3:30pm (Feb. 13, 20, 27, and March 5).
Group 4: Tuesdays, 2:00-3:00pm (Feb. 14, 21, 28, and March 6).
Group 5: Fridays, 9:30-10:30am (Feb. 17, 24, March 2, and 9).

Registration is required. To register, contact Laura Siltanen at Laura.Siltanen@oregonstate.edu or (541)737-3927.

Health Promotion
541-737-2775

studenthealth.oregonstate.edu

Accommodation requests related to disability can also be made to Laura Siltanen.

Oregon State
UNIVERSITY